



**RENZO
GRACIE**
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2022 ACADEMY SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					KIDS & TEENS (6-14 y/o) 11:00 - 12:00p
ADULT GI ALL LEVELS 12:00 - 1:00p	ADULT GI ALL LEVELS 12:00 - 1:00p	ADULT NO-GI ALL LEVELS 12:00 - 1:00p	ADULT GI ALL LEVELS 12:00 - 1:00p	ADULT GI ALL LEVELS 12:00 - 1:00p	ADULT OPEN MAT ALL LEVELS 12:00 - 1:00p
TINY (3-5 y/o) 4:00 - 4:30p	TINY (3-5 y/o) 4:00 - 4:30p	TINY (3-5 y/o) 4:00 - 4:30p	TINY (3-5 y/o) 4:00 - 4:30p	TINY (3-5 y/o) 4:00 - 4:30p	
KIDS (6-8 y/o) 4:30 - 5:15p	KIDS (6-8 y/o) 4:30 - 5:15p	KIDS (6-8 y/o) 4:30 - 5:15p	KIDS (6-8 y/o) 4:30 - 5:15p	KIDS (6-8 y/o) 4:30 - 5:15p	
TEENS GI (9-14 y/o) 5:15 - 6:00p	TEENS GI (9-14 y/o) 5:15 - 6:00p	TEENS GI (9-14 y/o) 5:15 - 6:00p	TEENS GI (9-14 y/o) 5:15 - 6:00p	TEENS NO-GI (9-14 y/o) 5:15 - 6:00p	
ADULT GI FUNDAMENTALS 6:00 - 6:45p	ADULT GI ADVANCED 6:00 - 7:00p	ADULT GI FUNDAMENTALS 6:00 - 6:45p	ADULT GI ADVANCED 6:00 - 7:00p	ADULT NO-GI ALL LEVELS 6:00 - 7:00p	
ADULT GI ADVANCED 6:45 - 7:45p	ADULT GI SPARRING 7:00 - 7:30p	ADULT GI ADVANCED 6:45 - 7:45p	ADULT GI SPARRING 7:00 - 7:30p	ADULT NO-GI SPARRING 7:00 - 7:30p	
ADULT GI SPARRING 7:45 - 8:15p	ADULT GI FUNDAMENTALS 7:30 - 8:15p	ADULT GI SPARRING 7:45 - 8:15p	ADULT GI FUNDAMENTALS 7:30 - 8:15p		

CLASS INFO
TINY 3 - 5 Years Old
KIDS 6 - 8 Years Old
TEEN 9 - 14 Years Old
ADULT 15+ Years Old

REQUIRED EQUIPMENT	
GI	Gi-Top, Gi-Bottom, Rashguard, & Ranked Belt
NO-GI	Ranked Rashguard, Gi Pants or Shorts or Spats
SPARRING	3x Stripe White Belt + or Approval From Professor

LAST UPDATED
3/8/2022